

## U8 YOUTH SOCCER PROGRAM INFORMATION & RULES

### PRACTICE & GAME

- Practices take place on Monday evenings at Cal Zorn Park from 6-7pm.
- Games take place on Thursday evenings starting at 6pm.

### WHAT FORMAT TO EXPECT FOR A GAME

- 6 v 6 format
- No goalies
- 4 x 12-minute quarters

### ESSENTIAL PLAYER EQUIPMENT

- Shin guards (required)
- Rubber soccer cleats or tennis shoes
- Team shirt

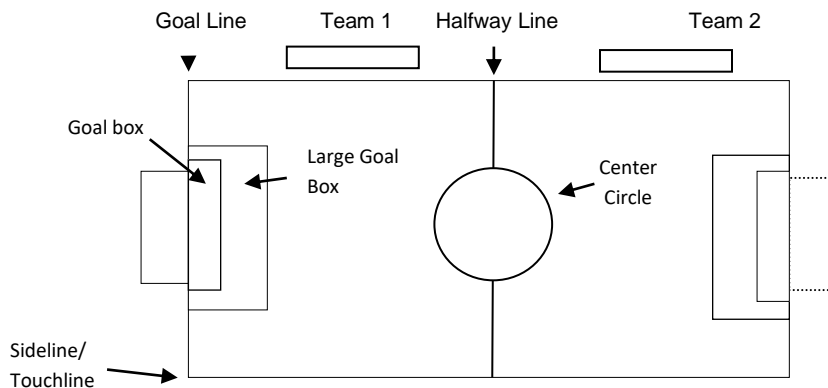
### WHAT NOT TO WEAR

- Football, baseball, softball, or metal cleats and/or any cleat with a front toe spike
- Jewelry of any kind is prohibited. Taping over earrings is not sufficient
  - Medical alert bracelets & necklaces are the only exception and they must be taped securely in place.
- Hard casts are **not** allowed, even if covered.

### GAME PLAY

- Heading is not allowed in any league below U15
- Unsportsmanlike conduct by players, parents, and coaches alike will not be tolerated and may result in removal from the game
- Running clock unless serious injury
- We do not keep score for this age group
- Intentional slide tackling is prohibited

### FIELD DIMENSIONS & LAYOUT



\*\*U8 field is 45 yards by 25 yards



## Birth Year and Season Matrix

Season	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	2024-2025
<b>Birth Year</b>									
<b>2020</b>									
<b>2019</b>									U6
<b>2018</b>								U6	U7
<b>2017</b>							U6	U7	U8
<b>2016</b>						U6	U7	U8	U9
<b>2015</b>					U6	U7	U8	U9	U10
<b>2014</b>				U6	U7	U8	U9	U10	U11
<b>2013</b>			U6	U7	U8	U9	U10	U11	U12
<b>2012</b>		U6	U7	U8	U9	U10	U11	U12	U13
<b>2011</b>	U6	U7	U8	U9	U10	U11	U12	U13	U14
<b>2010</b>	U7	U8	U9	U10	U11	U12	U13	U14	U15
<b>2009</b>	U8	U9	U10	U11	U12	U13	U14	U15	U16
<b>2008</b>	U9	U10	U11	U12	U13	U14	U15	U16	U17
<b>2007</b>	U10	U11	U12	U13	U14	U15	U16	U17	U18
<b>2006</b>	U11	U12	U13	U14	U15	U16	U17	U18	U19
<b>2005</b>	U12	U13	U14	U15	U16	U17	U18	U19	
<b>2004</b>	U13	U14	U15	U16	U17	U18	U19		
<b>2003</b>	U14	U15	U16	U17	U18	U19			
<b>2002</b>	U15	U16	U17	U18	U19				
<b>2001</b>	U16	U17	U18	U19					
<b>2000</b>	U17	U18	U19						
<b>1999</b>	U18	U19							

*The season is determined by the current school year.*